

**The Seventh Sunday After Pentecost
July 12, 2026
Heritage Lutheran Church
Apple Valley, MN
9:00 a.m.**



The Order of Matins - ELH page 109

1. Welcome

2. The Confession Of Sin

Pastor Dearly Beloved: We have come together in the presence of God our heavenly Father, to render thanks for the great benefits that we have received at His hand, to set forth His most worthy praise, to hear His holy Word, and to ask for ourselves and on behalf of others, those things that are necessary for our life and salvation. O come, let us worship Him! Let us kneel and bow down before Him. Let us confess our sins with penitent hearts, and obtain forgiveness by His infinite grace and mercy.

Congregation Almighty and most merciful Father, we have strayed from Your ways like lost sheep. We have followed the devices and desires of our hearts. We have offended against Your holy law. We have done those things which we should not have done, and we have not done those things which we should have done. Have mercy on us, O Lord! Spare us and restore us, according to the promises You have declared to us in Jesus Christ, our Lord. For His sake grant that we may live a godly, righteous and sober life, to the glory of Your holy name.

Absolution

Pastor The almighty and most merciful Lord has granted us pardon and forgiveness of all our sins, grace for true repentance and amendment of life, and the comfort of the Holy Spirit.

Congregation Amen.

3. Opening Hymn #418 "How Fair The Church Of Christ Shall Stand"

1 How fair the Church of Christ shall stand, A beacon light in all the land,
When love and faith all hearts inspire, And all unite in one desire
To be a fam'ly and agree To live in peace and unity.

2 'Tis all in vain that you profess The doctrines of the Church, unless
You live according to your creed, And show your faith by word and deed.
Observe the rule: To others do As you would have them do to you.

3 Resentment, hate, and cruel jest, Must not be harbored in the breast
Where love and charity should dwell; Then think and speak of others well,
Refrain from all that causes strife And mars a truly Christian life.

4 So let your tongue, your heart, and mind Agree to banish ev'ry kind
Of malice, falsehood and disguise, And here on earth a paradise
Of peace and harmony maintain, Where concord and good will shall reign.

5 For God observes our thoughts and deeds, The secrets of our heart He reads;
The wicked cannot be concealed, Their evil ways shall be revealed,
He ev'ry true believer knows, And love and grace on him bestows.

6 My soul, be therefore of good cheer, Though sinners threaten, scoff, and sneer,
Serenely on your way proceed, Nor worldly strife and clamor heed,
For Jesus' sake the cross you bear, And soon with Him the crown shall wear.

7 O gracious God, wilt Thou my heart So fashion in each secret part,
That Thou be sanctified in me, Till Thee in heav'n above I see,
Where holy, holy, holy Lord, We sing to Thee with one accord.

4. Opening Versicles

Pastor O Lord, open my lips.

♪ **Congregation** And my mouth shall show forth Your praise.

Pastor Make haste, O God, to deliver me.

♪ **Congregation** Make haste to help me, O Lord. Glory be to the Father and to the Son and to the Holy Ghost. As it was in the beginning, is now, and ever shall be: Forevermore. Amen. Alleluia.

5. The Invitatory and Venite (*Psalms 95*)

Pastor Oh come, let us worship the Lord.

♪ **Congregation** For He is our Maker.

Oh, come let us sing to the Lord:

let us make a joyful noise to the Rock of our salvation.

Let us come before His presence with thanksgiving:

and make a joyful noise to Him with psalms.

For the Lord is a great God: and a great King above all Gods.

In His hand are the deep places of the earth:

the strength of the hills is His also.

The sea is His, for He made it: and His hands form-ed the dry land.

Oh, come, let us worship and bow down:

let us kneel before the Lord, our Maker.

For He is our God: and we are the people of His pasture

and the sheep of His hand.

Glory be to the Father and to the Son: and to the Holy Ghost;

As it was in the beginning, is now, and ever shall be, forevermore. Amen.

6. Hymn #413 "Come Unto Me, Ye Weary"

1 "Come unto Me, ye weary, And I will give you rest."

O blessed voice of Jesus, Which comes to hearts oppressed!

It tells of benediction, Of pardon, grace, and peace,

Of joy that hath no ending, Of love which cannot cease.

2 "Come unto Me, ye wand'ers, And I will give you light."
O loving voice of Jesus, Which comes to cheer the night!
Our hearts were filled with sadness, And we had lost our way;
But Thou hast brought us gladness And songs at break of day.

3 "Come unto Me, ye fainting, And I will give you life."
O cheering voice of Jesus, Which comes to aid our strife!
The Foe is stern and eager, The fight is fierce and long;
But Thou hast made us mighty And stronger than the strong.

4 "And whosoever cometh, I will not cast him out."
O patient love of Jesus, Which drives away our doubt,
Which, though we be unworthy Of love so great and free,
Invites us very sinners To come, dear Lord, to Thee!

7. Psalm 119:137-144 (read responsively by whole verse)

¹³⁷ Righteous are you, O LORD, and right are your rules.
¹³⁸ You have appointed your testimonies in righteousness and in all faithfulness.
¹³⁹ My zeal consumes me, because my foes forget your words.
¹⁴⁰ Your promise is well tried, and your servant loves it.
¹⁴¹ I am small and despised, yet I do not forget your precepts.
¹⁴² Your righteousness is righteous forever, and your law is true.
¹⁴³ Trouble and anguish have found me out, but your commandments are my delight.
¹⁴⁴ Your testimonies are righteous forever; give me understanding that I may live.
Glory be to the Father and to the Son and to the Holy Ghost; As it was in the beginning, is now, and ever shall be, forevermore. Amen.

8. Old Testament Lesson Zechariah 9:9-12

⁹ Rejoice greatly, O daughter of Zion! Shout aloud, O daughter of Jerusalem! Behold, your king is coming to you; righteous and having salvation is he, humble and mounted on a donkey, on a colt, the foal of a donkey. ¹⁰ I will cut off the chariot from Ephraim and the war horse from Jerusalem; and the battle bow shall be cut off, and he shall speak peace to the nations; his rule shall be from sea to sea, and from the River to the ends of the earth. ¹¹ As for you also, because of the blood of my covenant with you, I will set your prisoners free from the waterless pit. ¹² Return to your stronghold, O prisoners of hope;

9. The Epistle Romans 7:15-25a

¹⁵ For I do not understand my own actions. For I do not do what I want, but I do the very thing I hate. ¹⁶ Now if I do what I do not want, I agree with the law, that it is good. ¹⁷ So now it is no longer I who do it, but sin that dwells within me. ¹⁸ For I know that nothing good dwells in me, that is, in my flesh. For I have the desire to do what is right, but not the ability to carry it out. ¹⁹ For I do not do the good I want, but the evil I do not want is what I keep on doing. ²⁰ Now if I do what I do not want, it is no longer I who do it, but sin that dwells within me. ²¹ So I find it to be a law that when I want to do right, evil lies close at hand. ²² For I delight in the law of God, in my inner being, ²³ but I see in my members another law waging war against the law of my mind and making me captive to the law of sin that dwells in my members. ²⁴ Wretched man that I am! Who will deliver me from this body of death? ²⁵ Thanks be to God through Jesus Christ our Lord!

10. The Gospel Matthew 11:25-30

²⁵ At that time Jesus declared, "I thank you, Father, Lord of heaven and earth, that you have hidden these things from the wise and understanding and revealed them to little children; ²⁶ yes, Father, for such was your gracious will. ²⁷ All things have been handed over to me by my Father, and no one knows the Son except the Father, and no one knows the Father except the Son and anyone to whom the Son chooses to reveal him. ²⁸ Come to me, all who labor and are heavy laden, and I will give you rest. ²⁹ Take my yoke upon you,

and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls. ³⁰ For my yoke is easy, and my burden is light.”

Pastor O Lord, have mercy upon us!

♪ **Congregation** Thanks be to You, O Lord!

11. Sermon Hymn #437 “In Jesus I Find Rest And Peace”

1 In Jesus I find rest and peace--
The world is full of sorrow;
His wounds are my abiding-place;
Let the unknown tomorrow
Bring what it may, There I can stay,
My faith finds all I need today,
I will not trouble borrow.

2 Until I found that crystal spring,
My way was dull and dreary;
I looked for peace in many a thing;
But still my soul grew weary.
Unsatisfied, All things I tried,
And yet my soul had not espied
The fount of life so near me.

3 My soul was carnal, blind, and bound
By sin, and never sought Thee,
Lord Jesus, though I ever found
All else no comfort brought me,
No peace, no rest Within my breast;
My troubled soul remained unblest,

4 In pity, then, Thou cam'st to me,
Thine arms to me extending;
I heard Thy voice: Come unto me
And rest in peace unending.
Immanuel loves thee full well,
He saves thy soul from death and hell,
In perils thee defending.

5 O Jesus, I must now confess
The world hath but vexation
And anguish, sorrow, dire distress,
As is Thy declaration.
In Thee is peace And sweet surcease;
Thy bosom is my resting-place
Where I find consolation.

6 To me the preaching of the cross
Is wisdom everlasting;
Thy death alone redeems my loss;
On Thee my burden casting,
I, in Thy name, A refuge claim
From sin and death and from all
shame--
Blest be Thy name, O Jesus!

7 O Jesus, may I constant be,
Forever with Thee staying!
O may I feel love's mastery,
My ev'ry fear allaying! The dove at last
Hath found sweet rest
From all her weary, futile quest,
Although she long went straying.

12. Sermon – “Delivery for a Wretched Man” *Romans 7:15-25a*

13. The Offering

14. Te Deum Laudamus pg. 114

♪ **Congregation** We praise You, O God, we acknowledge You to be the Lord.

All the earth worships You, the Father ev-er last-ing.

To You all angels cry aloud, the heavens and all the powers there-in;

To You cherubim and seraphim con-tin-ual-ly do cry:

Holy, holy, holy, Lord God of Sab-a-oth;

heaven and earth are full of the majesty of Your glo-ry.

The glorious company of the Apostles praise You.

The goodly fellowship of the proph-ets praise You.

The noble army of martyrs praise You.

The holy Church throughout all the world does ac-know-ledge You:

The father of an infinite majesty; Your adorable true and on-ly Son;

also the Holy Spirit, the Com-for-ter.

You are the King of Glory, O Christ. You are the everlasting Son of the Fa-ther.

When You took upon Yourself to de-liv-er man,

You humbled Yourself to be born of a Vir-gin.
When You had overcome the sharp-ness of death,
You opened the kingdom of heaven to all be-liev-ers.
You are seated at the right hand of God in the glory of the Fath-er.
We believe that You will come to be our Judge.
We therefore pray You, help Your ser-vants,
whom You have redeemed with Your pre-cious blood.
Make them to be numbered with Your saints in glory ev-er-last-ing.
O Lord, save Your people and bless Your her-i-tage.
Govern them and lift them up for-ev-er.
Day by day we magni-fy You.
And we worship Your name now and ev-er-more.
Vouchsafe, O Lord, to keep us this day without sin.
O Lord, have mercy upon us, have mercy up-on us.
O Lord, let Your mercy be upon us, for our trust is in You.
O Lord, in You I have trusted; let me never be con-found-ed.

15. Prayers

The Kyrie Sung by All

Lord, have mercy upon us. Christ, have mercy upon us. Lord, have mercy upon us.

The Lord's Prayer Sung by All

Our Father, who art in heaven, Hallowed be Thy name, Thy kingdom come, Thy will be done on earth as it is in heaven. Give us this day our daily bread; And forgive us our trespasses, as we forgive those who trespass against us; And lead us not into temptation, But deliver us from evil. For Thine is the kingdom and the power and the glory forever and ever. Amen.

The Collect

Pastor Let us pray: O Lord, our heavenly Father, almighty and everlasting God, having safely brought us to the beginning of this day, defend us in the same with Your mighty power and grant that this day we fall into no sin, neither run into any kind of danger, but that all our doing, being ordered by Your governance, may be righteous in Your sight: through Jesus Christ, Your Son, our Lord, who lives and reigns with You and the Holy Spirit, one true God, now and forever.

♪ **Congregation** Amen.

16. Benedicamus & Benediction

Pastor Let us bless the Lord!

♪ **Congregation** Thanks be to God!

Pastor The grace of our Lord Jesus Christ, the love of God, and the communion of the Holy Spirit be with us all.

♪ **Congregation** Amen.

17. Benediction Hymn #416 "Blest Is The Man, Forever Blest"

1 Blest is the man, forever blest,
Whose guilt is pardoned by his God,
Whose sins with sorrow are confessed
And covered with his Savior's blood.

2 Blest is the man to whom the Lord
Imputes not his iniquities;
He pleads no merit of reward
And not on works but grace relies.

3 From guile his heart and lips are free;
His humble joy, his holy fear,
With deep repentance well agree
And join to prove his faith sincere.

4 How glorious is that righteousness
That hides and cancels all his sins,
While bright the evidence of grace
Thro' all his life appears and shines!

Announcements

Worship Times – Sundays at 9:00 a.m. & Mondays at 6:30 p.m.

VBS – Vacation Bible School will be the week of July 27 – 30. Volunteers are needed to help with teaching, games, crafts, snacks, music, etc. Please see Laura Mears if you are interested in volunteering.

Women's Bible Study – The Monday night Women's Bible Class will resume in the fall.

Men's Bible Study – Men's Bible study will resume in the fall.

Meditations – The meditations are available on the welcome stand.

Fellowship - Volunteers are always needed to provide fellowship food every Sunday. Please sign up on the volunteer board.

Spring/Summer Clean Up – Please see the volunteer board for opportunities to help around the church grounds. There are indoor and outdoor projects. Please take a look and see if there are any projects that you would like to help with.

Summer Choir – Summer Choir meets in the sanctuary on Sundays after fellowship time. Join us – even if you can't be here every week. High schoolers welcome!

Special Parking Lot Fundraiser – The Voters approved a project to refurbish the parking lot later this summer. The cost is \$65,000 for a mill and overlay of the entire lot. If you would like to contribute to this project, please specify your donation is for the parking lot project.



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